PUBLISHED QUARTERLY BY THE CALIFORNIA ARBORETUM FOUNDATION

A non-profit corporation supporting The Arboretum of Los Angeles County

Summer and Sunshine

Equally as compelling as the beauty and the seasons of the plant world are the history and lore surrounding some of its members. A notable example is *Helianthus*, or Sunflower, which we associate with summer and sunshine. Popular today, we celebrate it as a cut flower to give to others or to ourselves, or as seeds from the many varieties ready for the personal pleasure of planting for quick growth and tall yield.

A native of North America, the sunflower has had a long-time and pervasive presence. It was an important food source for all Native Americans.

Some western tribes used it for at least 2,500 years. It was enjoyed both in the wild and as a cultivated plant. South of us, the Incas made the wild sunflower a symbol of their Sun God, because they believed its flower head turned to follow the sun's daily movement across the skies. Its likeness was placed on temple walls as well as fashioned

Spanish explorers brought the plant back to Europe in the early 16th century. Peter the Great introduced it to Russia where the practice of chewing the seed began.

The Russians are also credited with using the

into gold decoration worn by

seed to make oil.

It is also known that the flowers were used to make a lovely yellow dye, while the sunflower stalk produced a silky fibre excellent as writing paper.

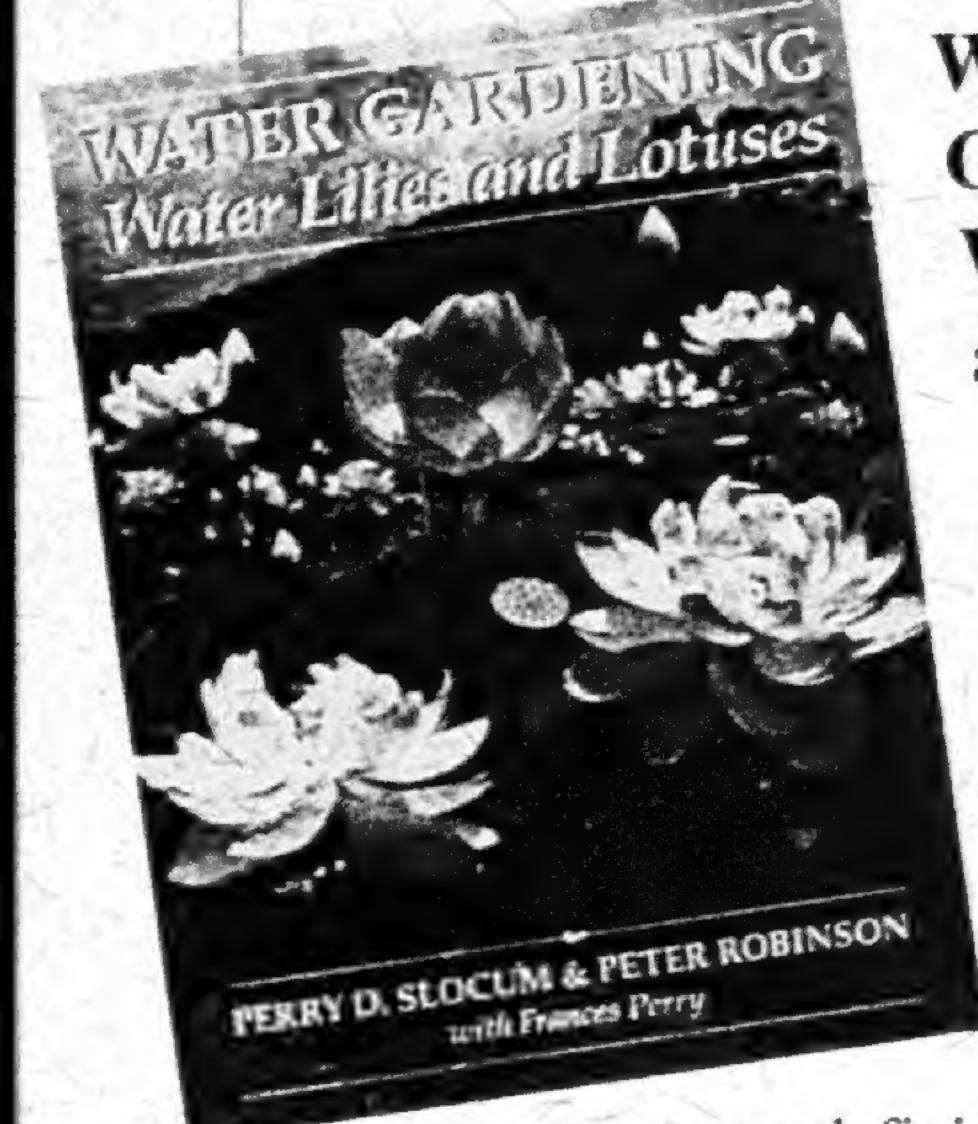
One particularly appealing use of the sunflower occurred in 1847 when early Mormon settlers scattered seeds to mark their route from St. Louis to Salt Lake. The next summer's wagon train followed the sunflower trail across the plains into Utah.

Because the sunflower seems at home on the open plains, it is not surprising that Kansas adopted it as the state flower.

The sunflower exemplifies
the joy of summer, a perfect
season to relax in any garden
oasis, including The Arboretum.
Where better to take a casual stroll and
pause under a cool shade tree, or to enjoy
twilight at one of our Tour and Taste
Thursdays! Come celebrate summer with
us. You might even chance upon a
sunflower or two. Look in Garden for All
Seasons and in Roots and Shoots. Imagine
its history, its utility, and most definitely its
beauty. Can you see the intricate spiraling
pattern of its many seeds? Which way
does its flower head look?



## New Garden Title Available at The Gift Shop



Water Gardening, Water Lilies and Lotuses

Perry D.
Slocum &
Peter
Robinson
with Frances
Perry
This

most definitive book on water gardening is a truly international reference to all aspects of one of the most popular gardening interests. It inspires professionals and amateurs alike to incorporate the lovely sights and sounds of the water garden into their own back yards.

Really two books in one. Part One, written by Kew-trained expert Peter Robinson, provides specific, hands-on information on every aspect of designing, building, planting, and maintaining a water feature, weather pond, stream, or waterfall.

Part Two is a unique encyclopedia of water lilies and lotuses by one of the best-known American specialists, Perry Slocum. It is illustrated with 300 spectacular color photos. All species and major cultivars of hardy and day and night blooming tropicals are fully described, with cultivation suggestions drawn from Slocum's many years of growing and hybridizing water lilies and lotuses.

440 pages, 445 color photos, 3 color illustrations, 76 black and white illustrations in hardcover. \$59.95 (10% discount to CAF Members)

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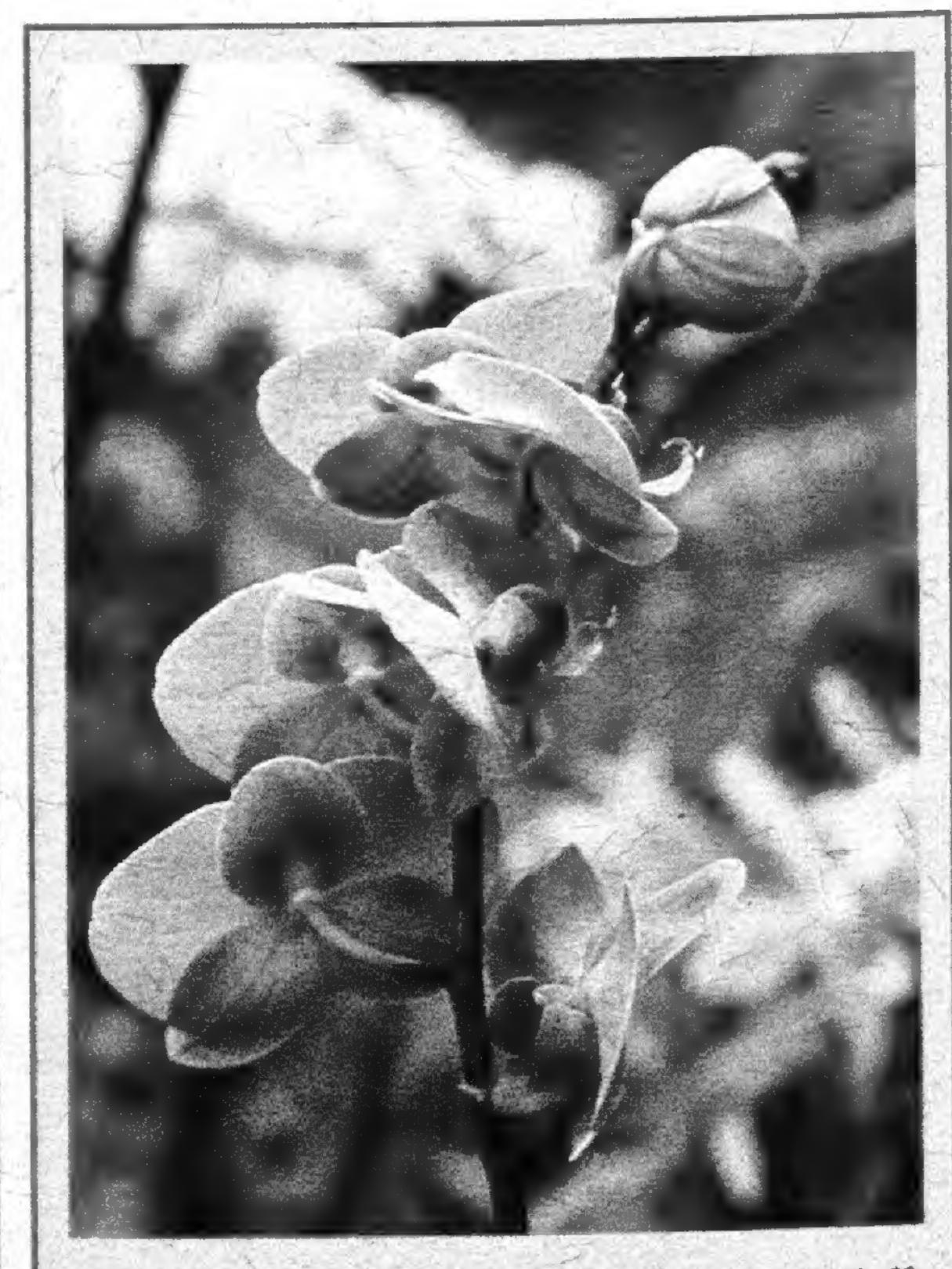
In Memory Of William McPhillips
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In Memory of Margaret Stambach
Elaine M. Regnier

In Memory of Theodore Johnstone Elaine M. Regnier

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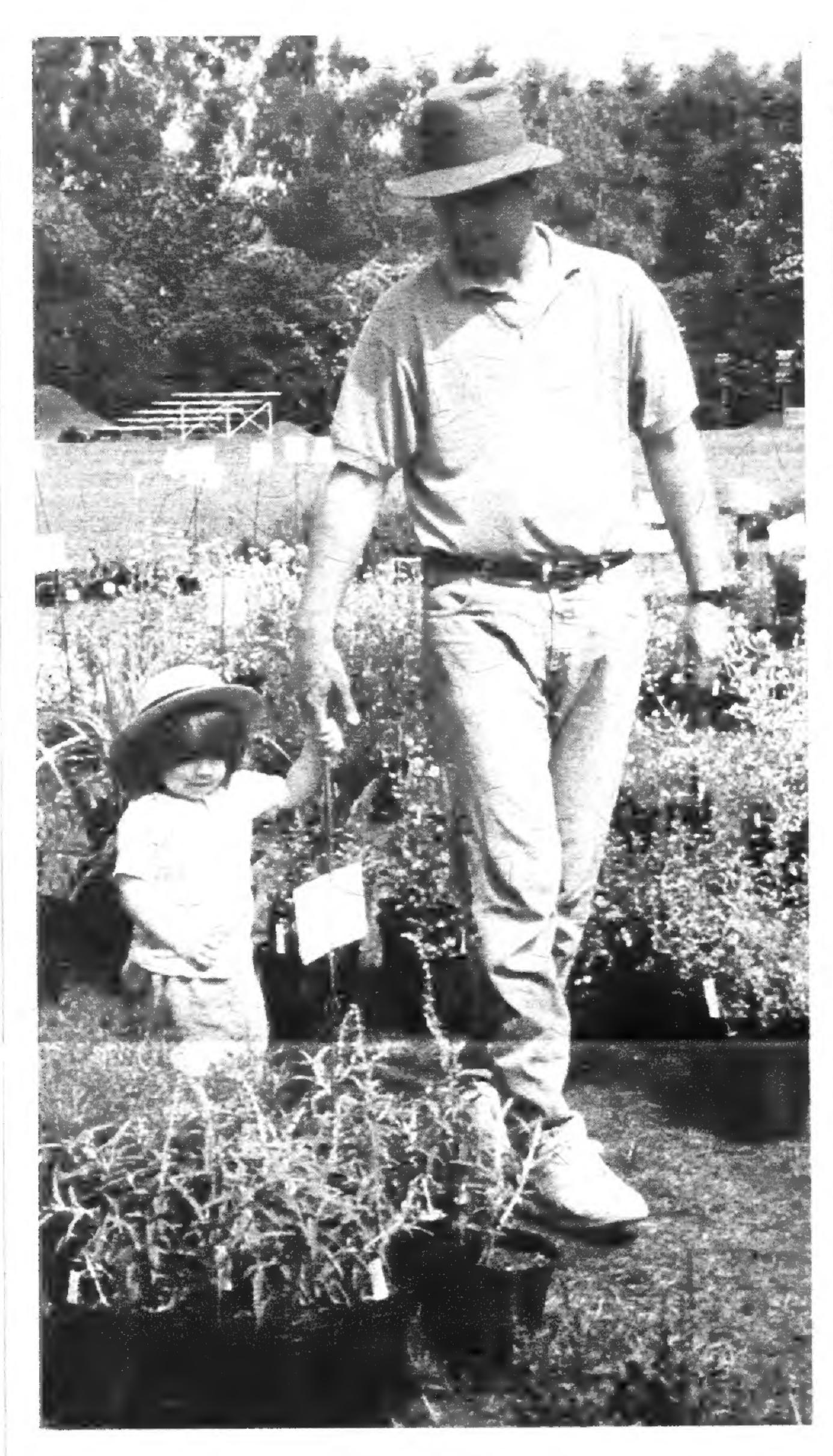
Memorial Bench Benjamin Rodriguez



Patty Howse captures an orchid in full bloom at The Arboretum while taking the Arboretum Natural Wonders

Photographic Workshop with nature photographer, Noella Ballenger.

# Bonanza for Everyone



Gregory Gontz of South Pasadena enjoys a stroll through the Plant Sale with his daughter Miranda (2).

Below, Jean and Tommy Smith of Walnut share satisfied smiles.



This fabulous playhouse from PLAY-WELL, was purchased by Michael Heflin Jr, of Sierra Madre.



Pam Hames, 1995/96 president of Los Vols, shares her knowledge of plants with Cheryl Resnik of Pasadena.



Gary Butters and Linda Persson of Sylmar fill up "will-call" before dinner was served.



Arcadia Mayor Barbara Kuhn and husband Jim enjoy the gardens at the auction party and plant sale.





Chris Bingham and his daughter Elizabeth (6) of San Gabriel.

## Special Notice to Members

Foundation membership fees
help garden improvements
such as the replanted
Tropical Forest and
new pond feature. In
order to continue this
essential support, we are
consolidating membership
categories, adjusting basic
membership fees and adding
benefits to all levels. We
look forward to seeing you at
THE ARBORETUM and

thank you for your past,
present and future involvement and support.

#### NEW BASIC MEMBER LEVELS

Golden Garden Member \$35

(Admits two seniors 62 years)

Individual Member \$40

(Admits one person)

\$55

Garden Member

(Admits two adults and all family children under 18)

#### SUPPORTING MEMBER LEVELS

Sustaining Member \$100
Sponsor Member \$250
Affiliate Member \$500
Benefactor Member \$1,000

#### Additional Member Benefits

- 25% DISCOUNT on Advance Sale
   Member tickets for the Los Angeles
   Garden Show
- New Member Orientation Tram Tour
- Gardener's Dozen A 13 month membership for all members who renew this year, July 1996 through June 1997.

#### MEMBER DISCOUNTS The following nurseries give a 10% discount to Foundation

Members (sale items excluded) – Just in time for summer planting.

Altadena Nursery 1968 N. Lake Avenue

Altadena

Desert to Jungle Nursery
3211 W. Beverly Blvd.
Montebello

Four Season Orchid Co. 823 S. San Gabriel Blvd.

San Gabriel

Garden View Nursery
12901 Lower Azusa Road
Irwindale

Las Tunas Nursery
1155 E. Las Tunas Drive

San Gabriel

Plant System
2552 Hyperion Avenue
Silverlake

Present Perfect

140 S. Kinneloa Avenue

Pasadena

Roger's Gardens
2301 San Joaquin Hills
Corona del Mar

San Gabriel Nursery
632 S. San Gabriel Blvd.
San Gabriel

Smith & Hawken
519 South Lake Avenue

Pasadena

South Pasadena Nursery 1507 El Centro

South Pasadena
Stewart Orchids

3838 Sepulveda Blvd., Culver City and 3376 Foothill Blvd., Carpinteria

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Mr. and Mrs. Yegyan

Mr. and Mrs. Wan-Cheung Wu



JUNE



Wednesday, June 5

#### CALIFORNIA ARBORETUM FOUNDATION 1996 ANNUAL MEETING

4 p.m. - Arboretum grounds

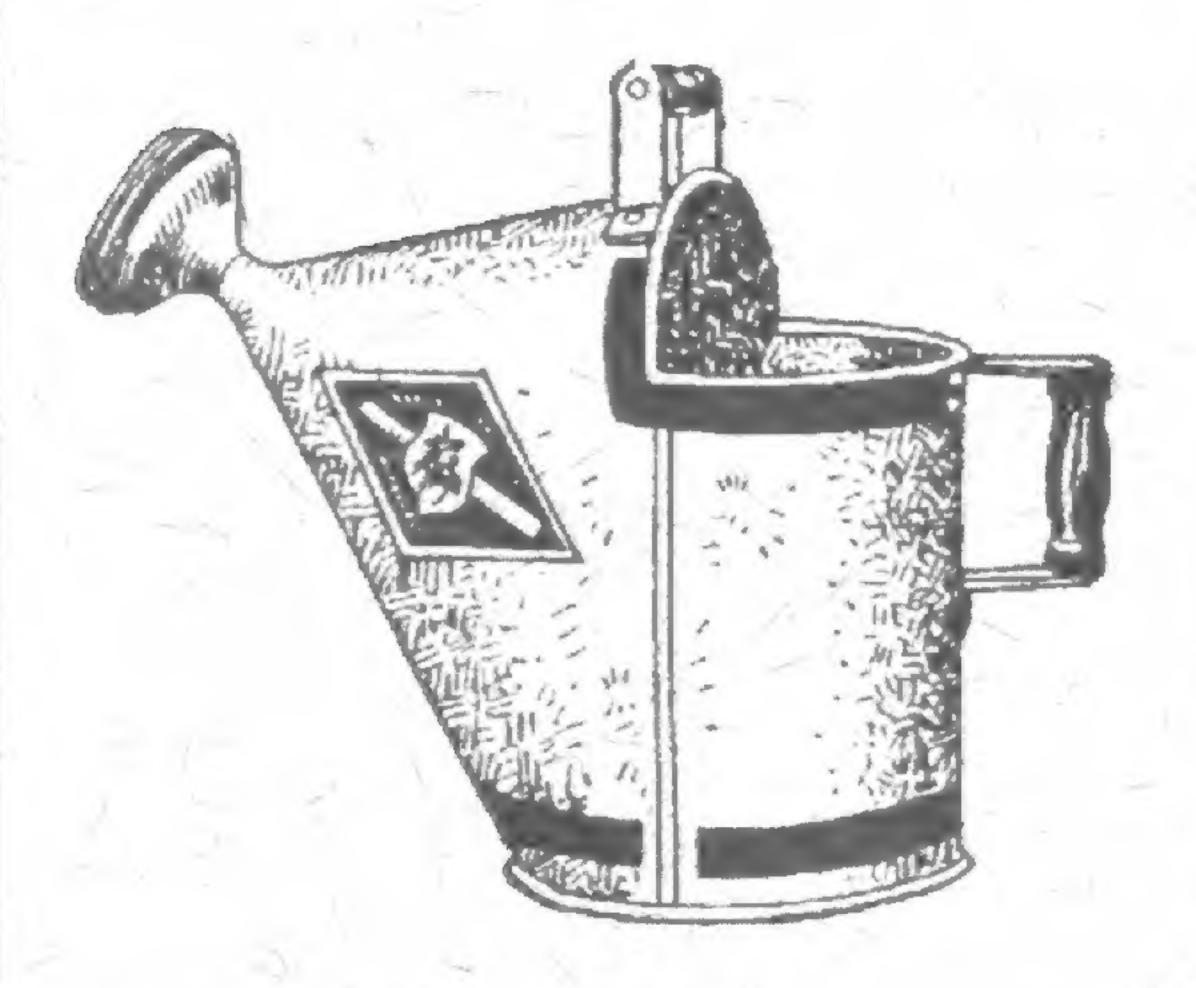
#### Saturday, June 15 FOUR SEASONS OF HERBS

Paul Alderson, Herb Specialist Casa Colina

10 a.m. - Noon, Herb Garden

Celebrate the approaching summer solstice, learn about the richness of summer herbs — for refreshing drinks, delicate seasonings, ways to preserve and enjoy. Plant sale afterward. 10 minute walk to the Herb Garden. This class is outside.

Enrollment Limited/Reservations Required Members: \$10; Non-members: \$13



Thursdays, June 13, 27; July 11, 25 Saturdays, June 22; July 20

#### HOMEOWNER'S GUIDE TO ENGLISH GARDEN DESIGN

Tim Lindsay, Ass't. Superintendent of The Arboretum
Thursdays, 6:30 p.m. - 10 p.m., 4 meetings
Lecture Hall A
Saturdays, Meet at 10 a.m. - 2 p.m.
2 field trips

Study various design aspects of the English cottage garden and techniques for

creating an outdoor room for enjoyment, contemplation and entertaining guests. Instructor will assist in deciding appropriate design and plant palette and suggesting a maintenance program for your particular situation. Field trips: Arrangements for carpooling and parking will be planned at first class meeting. One field trip will visit a selection of local private gardens. Please bring your lunch and beverages. Other field trip will visit the Streisand Center for Conservancy Studies, the former compound of Ms. Barbra Streisand. On the 26 acre property, tucked away in a private canyon, we will explore four individualized gardens surrounding four architecturally unique homes. Bring your lunch. Guided tour, refreshments and dessert will be provided.

Enrollment Limited/Reservations Required Members: \$65; Non-members: \$80

Streisand Center Trip: Optional to class members. \$25 fee payable to: The Streisand Center, to be collected at first class

Wednesday evenings, June 19 & 26 7 p.m. - 10 p.m., Lecture Hall A Saturday, June 22 8 a.m.-2 p.m., Meet under Oak Tree

#### ARBORETUM NATURAL WONDERS PHOTOGRAPHIC WORKSHOP

Noella Ballenger, Nature Photographer

Learn simple techniques to control and enhance your photographic images by using the tools of F stops, depth of field and variable exposures. Use your camera to "see" the garden in different ways.

This class offers fun for beginners and challenges for experienced photographers.

Saturday class is outside

Enrollment Limited/Reservations Required

Members: \$50; Non-members: \$60



Saturday, June 22

#### ROSE FUNDAMENTALS

Bill Robinson, Rosarian 9 a.m. - Noon, Rose Garden

Learn techniques to support a long and beautiful bloom cycle for your roses. This class will discuss IPM (integrated pest management) which concentrates on natural and organic pest controls for common rose garden diseases and pests and correct fertilizing and irrigation which contribute to healthy and disease resistant roses. Ten minute walk to the Rose Garden. This class is outside.

Reservations Requested

Members: \$10; Non-members: \$13

Sunday, June 23

#### TRAVEL PREVIEW

Ann Sween, Tour Coordinator 2 p.m., Lecture Hall A

Just when the summer heat has dried out California, CAF offers a trip to New Zealand in its Springtime — so you can have two Springs a year! Or perhaps you'd like to consider Autumn in Canada's Maritime Provinces. Join us for an afternoon of beautiful slides outlining those trips and a sampling of other upcoming travel. Refreshments and doorprizes!

No fee

#### NEW! - FOR CHILDREN!

Tuesdays & Thursdays

June 25 - August 1, No class July 4

#### GARDEN & EXPLORE

Leigh Talmo, Children's
Horticulture Instructor
9:30 a.m. - 11:30 a.m., 11 meetings
Roots & Shoots Garden, meet at Tram Stop

Nurture growing vegetables, snack on fresh beans and tomatoes from the garden, learn to care for your own plants, then take exploring trips about The Arboretum. Enjoy garden crafts or examine worms, seeds and flowers through a magnifying glass — all these activities will make the mornings speed by.

#### Ages 7 - 10 years

Enrollment limited/Registration required Members: \$105; Non-members: \$125



Saturday, June 29

#### ROSE FORUM

Bill Robinson, Rosarian 9 a.m. - Noon, Rose Garden

For the rose hobbyist the Rose Forum will discuss seasonal issues of rose care.

Summer is a good time to propagate favorite non-patented roses. Learn about the challenges of "rose rustling" and its benefits to the continuing culture of roses. Ten minute walk to the Rose Garden.

This forum is outside.

Reservations Requested

Members: \$10; Non-members: \$13



#### JULY



Saturdays, July 6 - August 10

#### SIX SUMMER SATURDAYS

Jan Smithen, Horticulture Instructor 9:30 a.m.-Noon, 6 meetings Lecture Hall A

For a summer special the ever popular Jan Smithen will teach about summer gardening featuring irises and a variety of summer garden tasks and pleasures. Opportunities to discuss your own garden questions.

Enrollment Limited/Reservations Required Members: \$65; Non-members: \$80

Mondays, July 8 - August 12

#### BOTANICAL WATERCOLOR

Pat Brame, Nature Illustrator 9:30 a.m.-11:30 a.m., 6 meetings Lecture Hall A

Savor summer's flowers by sketching and painting them. Beginning to advanced students receive hands-on instruction from pencil drawings to full color painting.

Materials list will be given at first class.

Enrollment Limited/Reservations Required Members: \$50; Non-members: \$63

Tuesdays, July 9 - August 6

#### BASIC FLOWER ARRANGING

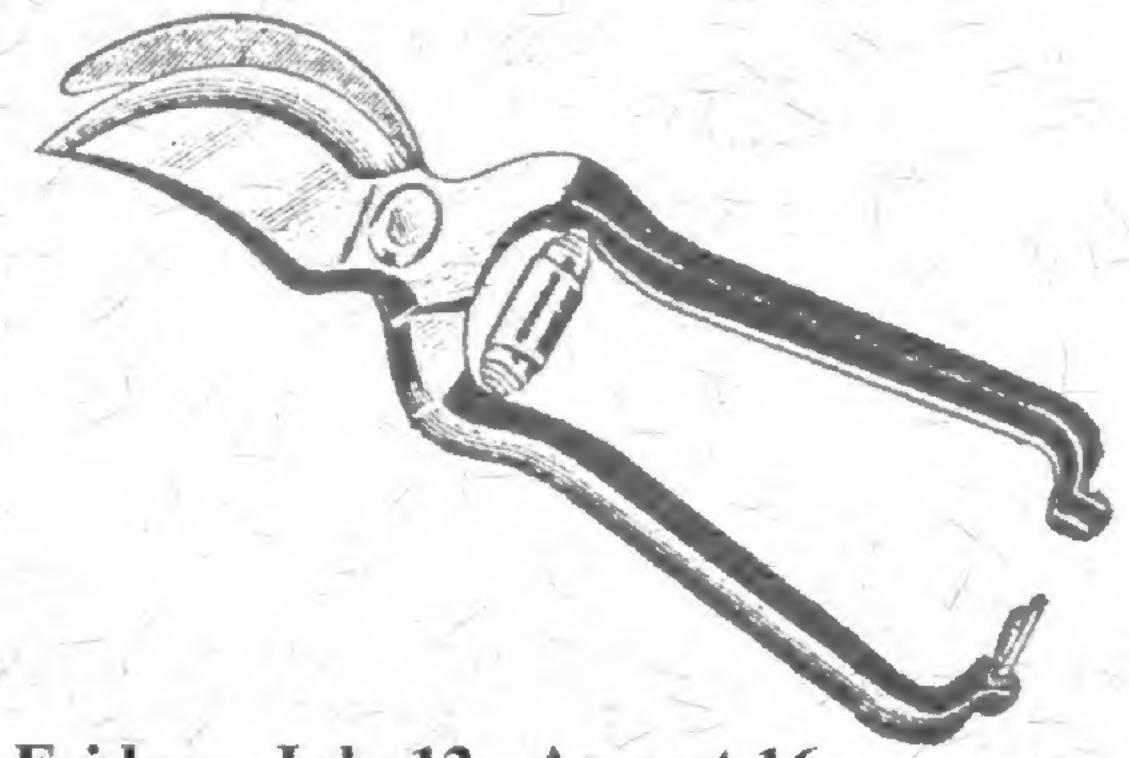
Dorothyjean Spoelstra; Judge, National Council of State Garden Clubs 9:30 a.m. - 11:30 a.m., 5 meetings Lecture Hall A

Gather plant material in your own garden to be made into lovely arrangements.

Lecture and demonstration begin each class. Questions and discussion will follow with students creating their own arrangements according to the basic lesson. Each class will use a different style container and plant material to enhance it. Students to supply own

materials, container, and clippers. Materials list will be sent upon registration.

Enrollment Limited/Reservations Required Members: \$35; Non-members: \$42



Fridays, July 12 - August 16

#### **IKEBANA**

Reiko Kawamura, Ohara School 9:30 a.m. - 11:30 a.m., 6 meetings Lecture Hall A

Beginning and advanced students are welcome in this popular class which takes students through levels of Moribana, Keiko, and Landscape arrangements.

Teaching is specific to individual student's experience. Bring a 10" to 12" shallow container, clippers, a needle holder or Keesan (minimum 3" round or rectangular). Fresh plant material provided.

Enrollment Limited/Reservations Required Material fee: \$22 to be paid to instructor Members: \$50; Non-members: \$63



#### AUGUST



Wednesdays, August 7 - 21

#### NATURE PHOTOGRAPHY

Noella Ballenger, Nature Photographer 8 a.m. - Noon, 3 meetings Lecture Hall A

Using The Arboretum as a setting, both experienced and beginning students will learn to take advantage of F stops, different exposures, and depth of field to expand their photographic skill. Walking is involved.

Enrollment Limited/Reservations Required Members: \$50; Non-members: \$60

### TOUR & TASTE THURSDAYS

The third annual Tour & Taste Thursdays will offer a wide variety of garden experiences at The Arboretum. After touring the garden, guests will return to the Peacock Cafe for a delicious buffet dinner, followed by the traditional make your own sundae (or sundaes if you wish). The highlight of the evening is enjoying the quiet and calmness of the garden during the summer twilight hours. Price includes tour, dinner and all beverages.

For each evening:

Reservations Required; \$25/person

Thursday, July 11

# PERENNIAL WATER CONSERVATION GARDEN

Jill Vig, Arboretum Gardener Tram Stop, 6 p.m.

Visit the lush and blooming Water

Conservation Garden with Jill Vig, its

talented caretaker. Become acquainted with beautiful flowering plants which grow well in Southern California, but

which might be native to other Mediterra-

nean climate regions of the world such as

Australia, South Africa or Turkey.

Thursday, July 25

#### HERB GARDEN

Paul Wolfram Alderson,
Herb Specialist - Casa Colina
Tram Stop, 6 p.m.

Occupying more than an acre, The Arboretum's Herb Garden is handsomely designed and contains many gardens within a garden. There are beverage and cooking herbs, as well as plants with intriguing names and unusual characteristics. Take a walk along the "Touch and Sniff Trail".

Thursday, August 8

#### TRAM TOUR

Nelson Holmes, Tour Guide Educator Tram Stop, 6 p.m.

Enjoy a leisurely tram tour of the garden guided by Nelson Holmes, longtime tour guide educator. Nelson has collected lore of the grounds as well as being familiar with the birds and animals that make The Arboretum their home.

Thursday, August 22

#### TALLAC KNOLL

Tim Lindsay, Ass't. Superintendent of The Arboretum Tram Stop, 6 p.m.

Atop Tallac Knoll are a series of water gardens accented by a collection of grasses and water loving plants. Escape from the summer's heat and enjoy this "Garden Oasis" and a mountain vista.

#### REGISTRATION

ADULT CLASSES  6/13-7/25, 6/22 & 7/20 English Garden Design  — Members @ \$65 Non-members @ \$80 \$  7/6-8/10 Six Summer Saturdays  — Members @ \$65 Non-members @ \$80 \$  7/8-8/12 Botanical Watercolor  — Members @ \$50 Non-members @ \$63 \$  7/9-8/6 Flower Arranging  — Members @ \$35 Non-members @ \$42 \$	6/22 Rose Fundamentals  Members @ \$10 Non-members @ \$13  6/29 Rose Forum	SS	REGISTRATION INFORMATION: All classes require advance reservations. All registrations must be made by mail and be accompanied by a check for the full amount.*Returned check policy: \$10 fee.  Acknowledgements: Tickets will not be issued. Your name will appear on a pre-paid list at event.
7/12-8/16 Ikebana — Members @ \$50 Non-members @ \$63 \$  6/19, 22, 26 Arboretum Nature Photography — Members @ \$50 Non-members @ \$60 \$  8/7, 14, 21 Arboretum Nature Photography — Members @ \$50 Non-members @ \$60 \$  CHILDREN'S CLASSES  6/25-8/1 Garden & Explore — Members @ \$105 Non-members @ \$125 \$	7/11 Perennial Water Conservation Garden  Reservations @ \$25  7/25 Herb Garden  Reservations @ \$25  8/8 Tram Tour  Reservations @ \$25  8/22 Tallac Knoll  Reservations @ \$25		Information: The Foundation Office is open M-F, 9 a.m. 4:30 p.m., 818-447-8207.  Cancellations: All fees are non- refundable. Classes may be canceled due to low enrollment, in which case fees will be fully refunded.  Please return completed
Name Address MC/Vica/AMT-Va	Phone  City State Zip  Date Signature		registration form with your check to:  California Arboretum  Foundation  301 North Baldwin Ave.  Arcadia, CA 91007

### Member Travel Programs

# October 1 - 14 AUTUMN IN CANADA'S MARITIME PROVINCES

Survey the rich mosaic of Atlantic Canada's natural and cutural heritage. Learn to identify the colorful sugar maple, white ash and red oak. Visit historic gardens and orchards. Discover the land of Evangeline of Acadia and Anne of Green Gables. See the Bay of Fundy's remarkable tides, become acquainted with ingenious Acadian agricultural practices, explore the Cabot Trail from seaside hardwood forests to the high plateau of its subarctic interior. Enjoy the region's lively musical heritage, and gentle way of life in quaint fishing villages, charming Victorian towns and splendid waterfront cities. Gain an appreciation for an enduring maritime legacy.

# November 1 - 18 GARDENS OF NEW ZEALAND AT SPRINGTIME

Journey into springtime in the Southern Hemisphere where warm hospitality, gracious gardens and beautiful parks showcase New Zealand's love affair with horticulture. From the gateway city of Auckland and the Taranaki District on North Island to picturesque Marlborough Sound and the Southern Alps, discover private gardens and country estates reflecting a wide range of style. Meet Kiwi garden enthusiasts and distinguished national experts at a weekend garden symposium.

For detailed itineraries, call Tour Coordinator at 800/682-6191. Also, note calendar listing for Sunday, June 23.

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Mrs. Peacock is on a nation-wide speaking tour on behalf of the Los Angeles Garden Show committee. On her return, she will be available to talk about the Oct. 23-27 Garden Show at The Arboretum. Her column will return in the Fall newsletter.



#### California Arboretum Foundation

301 North Baldwin Avenue Arcadia, CA 91007 (818) 447-8207

Gift Shop: (818) 447-8751 Open to the public 10-5pm

Arboretum Information: (818) 821-3222

Plant Advice: (818) 821-3239

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